

Preliminary Programme of the Training Course (changes, of course, are possible)

| Time / day | D 1 | Day 2 | Day 3 | Day 4 | Day 5 | Day 6 | Day 7 | Day 8 | D 9 | |
|---------------|--|---|---|---|--|--|--|---|--|--|
| 09:00 – 09:15 | Arrivals of participants | Breakfast | | | | | | | | |
| 10.00 -11.30 | | Context, aims and objectives of the training course | Our motivation for youth work and discovering outdoor approach and readiness to get involved in outdoor experiential learning for personal and social development | Expected group return time to the training venue - until 10 am | Outdoor experiential learning: using low ropes for working with group dynamics and personal challenges | Developing own educational programmes for young people: NFE, outdoor, personal development, group dynamics | Participants practise stage: action 3rd group | Outdoor experiential learning: reviewing concrete applicability for our context | Planning follow up and future steps. Group disconnection. | |
| 11:30 – 12:00 | | Coffee break | | | | | | | | |
| 12:00 – 13:30 | | Learning 2 learn: setting learning objectives and creating learning plan (using unique learning badges) | Experiencing the power of learning through outdoor night hike - group prepares for a night hike: preparations | Resting and refreshing time till lunch | Outdoor experiential learning: using low ropes for working with group dynamics and personal challenges | Developing own educational programmes for young people: NFE, outdoor, personal development, group dynamics | Participants practise stage: action 4th group | Outdoor experiential learning: reviewing concrete applicability for our context | Departure of participants | |
| 13:30 – 15.00 | | Lunch | | | | | | | | |
| 15:00 – 16:30 | | Creating learning environment. Group building. | Experiencing the power of learning through outdoor night hike - group prepares for a night hike: preparations | Reflection on the experience: - personal level, - group level, - methodological level | Risk assessment of low ropes exercises as a tool for inclusion. Reflection of the day. | Participants practise stage: action 1st group | Participants practise stage: action 5th group | Starting evaluation process of the whole training course. What are main results and main impact. | | |
| 16.30 – 17.00 | | Coffee break | | | | | | | | |
| 17:00 – 19.00 | Getting to know each other and welcome evening | Creating learning environment. Group building. Reflection the day. | Outdoor night hiking | What is outdoor experiential learning and why it is so powerfull | Free time in the nature | Participants practise stage: action 2nd group | Closing practise stage: evaluation of team work (of small groups) and naming learning outcomes | Agreeing on concrete visability & DEOR activities to spread the learning outcomes and impact of this TC | | |
| 19:00 – 20.30 | | Dinner | | | | | | | | |
| After 20:30 | | Evening for socialising | Outdoor night hiking | Open space evening | Free evening in the nature | Evening for socialising | Free evening or some activity proposed and implemented by participants | Farewell party | | |

